## TIMELINE - LEE STONE'S STORY

by Lee Stone



In 1973 my (then) wife started a hippie food co-op and through that we began to receive a magazine called "The East West Journal". In one issue there was an article by someone describing their experience of going through a past life regression. It struck a deep resonance in me and I kept the article for several years before finding someone that willing to try it with me. I had some background in hypnosis and we had no trouble in moving into her memories of another time. From that point on, I was always on the lookout for someone to do regressions with. It was six years before I found someone who would regress me and I found that I had easy access to those other selves. So much so, I simply began to regress myself and explore the origins of aspects of my local time personality and where I had known other people that were a part my local everyday life. For a good while, I kept detailed notes but after coming to know over eighty other lives, the whole process became so integrated into my consciousness that I could simply create direct access without doing the preliminary trance processes.

When I came in to TMI, I felt that there were some gaps in what was being offered in the programs. Bob Monroe presented the concept of "off-loading" to reach escape velocity from the human being school, but with the exception of the "bubble-up" exercise in the Gateway Program he didn't offer much about how to do that.

My intention in creating the Timeline Program was and is to support others in clearing away their history of limiting emotions and unconscious beliefs. Our lives are filled with reoccurring patterns of obstruction and self-sabotage. Even when we change the life stage/set and cast of characters, the same emotions loop back around again and again with little variation. In Timeline there is the opportunity to learn skills and have the direct experience of being a Healer of yourself as no one else can do for you.

In the mid 1980's I was touring with thirty international artists doing group shows together, I was having ongoing money problems. There were occasions that I had to borrow gas

money from other artists to get to the next exhibition which was painful and embarrassing. When I looked for the origins around this issue, I found the belief that one could not have money and integrity at the same time...In fact, if you had wealth, you were declaring to all that you had no honor. I found two primary past lives that were core to this issue. The first was a Japanese samurai captain who took some questionable money and had to commit ceremonial suicide. The second was an Italian tax collector who was killed by someone he had casually cheated in 6148. After discovering, healing and integrating these two parts of myself, my art sales went from about \$18,000 to \$38,000 still traveling with the same group of artists.

In the Timeline Program you will have the opportunity to heal your past and change the present and create a new future for yourself.